

Regina Caeli Catholic Church

81 Waverley Rd Camp Hill, 4152

p: 07 3398 3697

e: reginacaeli@bne.catholic.net.au

http://www.reginacaeliparish.org.au

Fr Martinho Da Costa O.Carm, Parish Adm.

NORMAL MASS TIMES

Saturday 6pm

Sunday 7.30am

Wednesday 9am

Mass of Healing ~

1st Wed of month @ 9am

Reconciliation ~5.30pm Sat/or by appt.

Rosary ~ Tues @ 8am

**3RD SUNDAY OF
LENT (YEAR C)
23 MARCH
2025**

We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.

GATHERING D SCHUTTE

HERE I AM LORD

V1: I, the Lord of sea and sky,
I have heard my people cry.
All who dwell in dark and sin
My hand will save.
I, who made the stars of night,
I will make their darkness bright.
Who will bear my light to them?
Whom shall I send?

Refrain: *Here I am, Lord. Is it I, Lord?
I have heard you calling in the night.
I will go Lord, if You lead me.
I will hold Your people in my heart.*

PREPARATION OF THE GIFTS

M HERRY

SONG OF THE COVENANT

V3: Heart of Jesus, heart of mercy, loving face of God
revealed.
You proclaimed the word 'not sacrifice but mercy'.
For in you we see the Father who longs for our
return.
Ever faithful, his covenant of love.

Refrain: *Give us new hearts O Lord...
Give us new hearts O Lord...
Give us hearts of flesh;
remove our hearts of stone...*

HOLY COMMUNION—INSTRUMENTAL

THANKSGIVING C LANDRY

ONLY A SHADOW

V1: The love we have for you, O Lord,
is only a shadow of your love for us;
Only a shadow of your love for us,
Your deep abiding love.

V3: Our own belief in you, O Lord, is
Only a shadow of your faith in us
Only a shadow of your faith in us;
Your deep and lasting faith.

Refrain: *Our lives are in your hands,
Our lives are in your hands;
Our love for you will grow, O Lord;
Your light in us will shine.*



Words and Music: Daniel Schutte 1981 OCP; Michael Herry 2018 Marist Music; Carey Landry 1971. OCP; Marty Haugen 1985 Gia Publications. All rights reserved. Reprinted under One License #A-642022

SENDING FORTH M HAUGEN **BRING FORTH THE KINGDOM**

V1: You are salt for the earth, O people;
salt for the kingdom of God!
Share the flavour of life, O people;
life in the kingdom of God.

Refrain: *Bring forth the Kingdom of mercy.
Bring forth the Kingdom of peace.
Bring forth the Kingdom of justice.
Bring forth the City of God.*

V2: You are a light on the hill, O people;
light for the city of God!
Shine so holy and bright, O people;
shine for the kingdom of God!

© All Hymns used with permission, under One License # A-642022

Holy Week begins on Palm Sunday, 13th April, culminating in the Triduum – Holy Thursday, Good Friday, the Easter Vigil and Easter Sunday. Please volunteer to contribute in some way to our Liturgies. Please use the forms at the end of your seat to tick how you can help and place your form, signed with your name and phone contact, in the red box in the centre aisle. Thank you.

LET US PRAY FOR ALL PEOPLE WHO ARE SICK, ARE HOUSEBOUND OR HAVE DIED:

Susan King, Fred and Pat Loveday, Francis Xavier, Clare Garrigan, Norma Hayes, Valda & Noel Studders, Julie Hunt, Neil and Madeline Trottier, Mary Cummins, Brian & Thera Harding, Ennis Lucchi, Michael Connolly, Veronica Comiskey, Santo & Glenda Tringali, Emilia Calvisi, Peter Owens, Kay Bertini.

We pray for Nellie Ferro who died last Tuesday week.

For thirty years, Nellie conducted her grocery store in what is today Florence Café in Martha St. The first Masses Nellie came to at Regina Caeli were under the Presbytery.

We pray for Fr Leo Burke, Elaine Jordan and Dorothy Owens who have died, and for all whose anniversaries occur about this time.



WELCOME AND THANK YOU FOR YOUR SUPPORT

Regina Caeli Catholic Church—81 Waverley Rd Camp Hill, 4152. p: 07 3398 3697

[e: reginacaeli@bne.catholic.net.au](mailto:reginacaeli@bne.catholic.net.au) <http://www.reginacaeliparish.org.au>

Welcome to Regina Caeli Community, you are welcome here. Please contact our parish office by phone or email if you need assistance with sacraments, funerals, pastoral support or would like to speak with a priest. We also welcome inquiries to get involved in parish life and ministry. Thank you.

WORLD DAY OF PRAYER – Sincere thanks to all for the rich support for Tuesday 18th March.

Ecumenism was alive! Our Church and Hall were decorated 'Cook Island style'. People were adorned with floral tiaras and leis. Sincere thanks to all who donated generously any items which were used so well. The Hall was a Cook Island Feast!

Thanks to the eight parishioners who came to set up on Monday and the two who came early Tuesday to ensure the grounds were perfect – they were!! Suggest another occasion when our Uniting, Anglican and Catholic parishes could meet again this year?



PLEASE COME TO STATIONS OF THE CROSS ON FRIDAY EVENING AT 6 P.M.

As part of our Lenten Journey, we invite you to stay longer for Neisha to lead us in our reflection on the Readings for the Second Sunday in Lent. It is worthwhile!

Parish Calendar — March

Tue 25 Rosary @ 8am. Together, let us pray for peace and the intentions of many.

Wed 26 Mass @ 9am. Come share in the Paschal Mystery of Christ.

Fri 28 Come enjoy the Clifters preparing for Easter. 5:00-6:00pm in the Church.

Stations of the Cross @ 6pm—please remain if you can, for reflection on next weekend's Readings.

FRIDAY SOCIAL Friday 4th April in our Regina Caeli Hall 9.30 a.m. – 11.30 a.m.

Relax into Chair Yoga with Carmel from *Yoga by Carm*. Then join us in an EARLY ANZAC DAY COMMEMORATION – STORIES, SONGS AND PERHAPS A GAME OF 2 UP!

LENTEN CONCERTS 2025: THURSDAYS AT 12 NOON ST STEPHEN'S CATHEDRAL

St Stephen's Cathedral's lunchtime Lenten Concert Series is here for you to enjoy. Admission is FREE.

TRIVIA PURSUIT ABOUT LENT! THREE QUESTIONS:

(i) Where did the word 'Lent' come from? From the Northern Hemisphere's Anglo-Saxons, it came from 'lencton' meaning 'Spring'. Over time, Christians applied it to the six weeks leading to Easter which coincided with the gradual *lengthening* of the wintry days into Spring (with its awakening of plants and animals). How could we in Australia associate nature waning in Autumn around us to this season?

(ii) When does Lent begin and end? Lent begins with the ashes on Ash Wednesday (made from palm branches blessed in previous years), We proceed throughout six weeks of prayer, fasting and sharing to Passion / Palm Sunday. **Holy Week** runs from Passion / Palm Sunday until the Mass of the Lord's Supper on Holy Thursday at which time the Lenten fast concludes.

The Easter Triduum is the period of three days that begins with the Mass of the Lord's Supper on Holy Thursday, includes Good Friday and the Easter Vigil, and ends with Evening Prayer on Easter Sunday!

Lent itself concludes on Holy Saturday, the day before Easter Sunday.

(iii) What are the Gospel texts for the Sundays of Lent in our Year C Cycle of Readings?

The Gospels for the Sunday of Lent (from the Year C Cycle of Readings for 2025) are:

1st Sunday: The Temptations in the desert Luke 4:1 - 6

2nd Sunday: The Transfiguration Luke 9:28 - 36

3rd Sunday: Our need to repent and the parable of the fig tree 13:1 - 9

4th Sunday: The parable of the Forgiving Father Luke 15:1 – 3; 11 - 32

5th Sunday: Jesus' protection of the accused woman John 8:1 - 11

6th Sunday: The Passion according to Luke 22:14 – 23:56



PLEASE READ THIS STORY FOR YOU TO LEARN WHAT PROJECT COMPASSION ACTUALLY ACHIEVES FOR PEOPLE.

We can 'Unite Against Poverty'. Please may we all take home an envelope. Week by week throughout Lent, let us fast from something not essential to be able to donate to help communities facing poverty, food insecurity, a need for education, water shortages and protection against expected future challenges.

3rd SUNDAY of LENT – 23rd March LAM from VIETNAM

Born and raised in rural Vietnam with his farming parents and three siblings, 27-year-old Lam experienced physical and social barriers due to his disability – his very short stature. After high school, many of Lam’s fellow students pursued career aspirations at university. Not so for Lam; few occupations were available to him (as it can be in Australia and elsewhere). He stayed at home with his parents in their rural home completing household and farm chores. Lam grew isolated and disconnected from his friends, from society and from his dream of becoming a graphic designer.

"I'm really self-conscious about my height. Getting around and doing a lot of basic tasks are a major undertaking for me. I tend to keep to myself and don't interact with others all that much." Lam said. Caritas Australia’s partner in Vietnam, Catholic Relief Services (CRS), enabled Lam to pursue his dream of becoming a graphic designer. The I-SHINE program in Da Nang helps young people with disabilities access education, vocational training and start-up opportunities to generate an income.

"It's been a game-changer, giving me the chance to connect with friends, gain more professional knowledge, and to land a job that aligns with my passions and interests," Lam said. "Ever since I was a little kid, I've loved drawing and computers...and I always dreamed of becoming a digital artist."



Lam cooks at his home. Photo: Caritas Australia.

With the knowledge and skills gained from the course, Lam was able to kickstart his own freelance graphic design business from home. Today, Lam is a successful graphic designer, freelancing for both local and international clients. He has a stable income from his job and is an inspiration to other young people in his community facing similar challenges.

Lam’s story shows what is possible when people with a disability are given the opportunity to thrive and fulfil their true potential. "It's a struggle to feel like we fit into society... that's why we desperately need the help of these amazing charitable organizations," Lam said. "

By prayer and action, let us follow Christ.


Visit Caritas Australia online caritas.org.au/project-compassion or call **1800 124 413** or donate using the QR code above.



Lam and parents on their farm in Quang Nam, Vietnam. Photo: Caritas Australia.



EASTER MASS TIMES AT REGINA CAELI AND OUR LADY OF MT CARMEL PARISHES

MASS	REGINA CAELI	OUR LADY OF MT CARMEL	Additional Information
Mass of Forgiveness— Wednesday 9th April	Please see additional information*	7pm Mass of Forgiveness at Our Lady of Mt Carmel Church	*There will still be a regular 9am Mass at Regina Caeli (no Mass of Forgiveness at RC)
Palm Sunday – Saturday 12th and Sunday 13th April	Regular Weekend Mass Times Saturday 6pm Sunday 7:30am	Regular Weekend Mass Times Saturday 6pm Sunday 8:30am and 5:30pm	Please bring your own palm 
The Lord’s Supper – Holy Thursday 17th April	6pm at Regina Caeli Church	7:30pm at Our Lady of Mt Carmel Church	
Good Friday - Friday 18th April	10am—Stations of the Cross 3pm – The Passion of the Lord	10am—Stations of the Cross 3pm – The Passion of the Lord	
Easter Vigil - Saturday 19th April	6pm at Regina Caeli Church	7:30pm at Our Lady of Mt Carmel Church	
Easter Sunday - Sunday 20th April	7:30am at Regina Caeli Church	8:30am at Our Lady of Mt Carmel Church	

Sunday Mass

23 March 2025

THE LITURGY OF THE WORD

First Reading

Exodus 3:1-8, 13-15

A reading from the book of Exodus

This is what you must say to the children of Israel: I Am has sent me to you.

Moses was looking after the flock of Jethro, his father-in-law, priest of Midian. He led his flock to the far side of the wilderness and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in the shape of a flame of fire, coming from the middle of a bush. Moses looked; there was the bush blazing but it was not being burnt up. 'I must go and look at this strange sight,' Moses said, 'and see why the bush is not burnt.' Now the Lord saw him go forward to look, and God called to him from the middle of the bush. 'Moses, Moses!' he said. 'Here I am' he answered. 'Come no nearer' he said. 'Take off your shoes, for the place on which you stand is holy ground. I am the God of your father,' he said 'the God of Abraham, the God of Isaac and the God of Jacob.' At this Moses covered his face, afraid to look at God.

And the Lord said, 'I have seen the miserable state of my people in Egypt. I have heard their appeal to be free of their slave-drivers. Yes, I am well aware of their sufferings. I mean to deliver them out of the hands of the Egyptians and bring them up out of that land to a land rich and broad, a land where milk and honey flow.'

Then Moses said to God, 'I am to go, then, to the sons of Israel and say to them, "The God of your fathers has sent me to you." But if they ask me what his name is, what am I to tell them?' And God said to Moses, 'I Am who I Am. This' he added 'is what you must say to the sons of Israel: "The Lord, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for all time; by this name I shall be invoked for all generations to come.'

'The word of the Lord.

Thanks be to God.

Responsorial Psalm

Ps 102:1-4, 6-8, 11

R. 'The Lord is kind and merciful.'

Lector: My soul, give thanks to the Lord,
all my being, bless his holy name.

My soul give thanks to the Lord
and never forget all his blessings. **R.**

Lector: It is he who forgives all your guilt,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with love and compassion.' **R.**

Lector: The Lord does deeds of justice,
gives judgement for all who are oppressed.

He made known his ways to Moses
and his deeds to Israel's sons. **R.**

Lector: The Lord is compassion and love,
slow to anger and rich in mercy.

For as the heavens are high above the earth
so strong is his love for those who fear him. **R.**

Second Reading

1Corinthians 10:1-6, 10-12

A reading from the letter of St Paul to the Corinthians

All this that happened to the people of Moses in the desert was written for our benefit.

I want to remind you how our fathers were all guided by a cloud above them and how they all passed through the sea. They were all baptised into Moses in this cloud and in this sea; all ate the same spiritual food and all drank the same spiritual drink, since they all drank from the spiritual rock that followed them as they went, and that rock was Christ. In spite of this, most of them failed to please God and their corpses littered the desert.

These things all happened as warnings for us, not to have the wicked lusts for forbidden things that they had. You must never complain: some of them did, and they were killed by the Destroyer.

All this happened to them as a warning and it was written down to be a lesson for us who are living at the end of the age. The man who thinks he is safe must be careful that he does not fall.

The word of the Lord.

Thanks be to God.

Gospel Acclamation

Matthew 4:17

'Glory to you, Word of God, Lord Jesus Christ!

Repent, says the Lord;
the kingdom of heaven is at hand.

Glory to you, Word of God, Lord Jesus Christ!'

Gospel

Luke 13:1-9

A reading from the holy Gospel according to Luke

Unless you repent you will all perish as they did.

Some people arrived and told Jesus about the Galileans whose blood Pilate had mingled with that of their sacrifices. At this he said to them, 'Do you suppose these Galileans who suffered like that were greater sinners than any other Galileans? They were not, I tell you. No; but unless you repent you will all perish as they did. Or those eighteen on whom the tower at Siloam fell and killed them? Do you suppose that they were more guilty than all the other people living in Jerusalem? They were not, I tell you. No; but unless you repent you will all perish as they did.'

He told this parable: 'A man had a fig tree planted in his vineyard, and he came looking for fruit on it but found none. He said to the man who looked after the vineyard, "Look here, for three years now I have been coming to look for fruit on this fig tree and finding none. Cut it down: why should it be taking up the ground?" "Sir," the man replied "leave it one more year and give me time to dig round it and manure it: it may bear fruit next year; if not, then you can cut it down."'

The Gospel of the Lord.

Praise to you, Lord Jesus

Christ.