

# Regina Caeli Catholic Church

81 Waverley Rd Camp Hill, 4152,  
p: 07 3398 3697

e: [reginacaeli@bne.catholic.net.au](mailto:reginacaeli@bne.catholic.net.au)

<http://www.reginacaeliparish.org.au>

P/Office: Jeanne Schneider: m: 0414 836 071

Tues, Wed, Thurs, 9.30am - 2.30pm

Fr Martinho Da Costa O.Carm, Parish Adm.

Fr Matthew Tonini O.Carm, Associate Pastor

Fr Albino Dos Santos O.Carm, Associate Pastor

## NORMAL MASS TIMES

Saturday 6pm

Sunday 7:30am

Wednesday 9am

Mass of Healing

1st Wed of the month 9am

Reconciliation

5.30pm Saturday / or by appt.



MASS TIMES

Rosary: every  
Tues @ 8am

**5TH SUNDAY IN ORDINARY TIME**  
FEBRUARY 4, 2024 ~ YEAR B ~

### GATHERING

J NEANDER

PRAISE TO THE LORD



**V1** Praise to the Lord, the Almighty,  
the King of creation. O my soul, praise him,  
for he is your health and salvation.  
Come all who hear: now to his altar draw  
near, joining in glad adoration.

**V2** Praise to the Lord,

who shall prosper our work and defend us;  
Surely His goodness and mercy shall daily attend us.

Ponder anew what the Almighty can do  
who with his love will befriend us.

**V3** Praise to the Lord! O let all that is in us adore him!

All that has life and breath come now  
with praises before him!

Let the "Amen" sound from His people again,  
Now as we worship before him.

### OFFERTORY

T WATTS, M O'BRIEN

ACT JUSTLY

**Refrain: Act justly, love tenderly,  
walk humbly with our God.**

**Act justly, love tenderly, walk humbly with our God.**

**V1** The Lord requires only this:

that we love one another.

Reaching out with compassion to the Earth. **Refrain:**

**V3** Let our voices be heard sing the wonder of creation.

Seeking lives of forgiveness for our world. **Refrain:**

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### COMMUNION M J POIRER BREAD OF LIFE

**V1** Bread of Life, our consolation.

Bread of Life, our source of hope.

Bread of Life,

our strength and courage.

Bread of Life, come make us one.

**V3** Word of God, O light eternal.

Word of God, foundation strong.

Word of God, resound within us,

Word of God, forevermore.

### REFLECTION

B DUFFORD

BE NOT AFRAID

**V1** You shall cross the barren desert, but you shall not  
die of thirst. You shall wander far in safety though you  
do not know the way. You shall speak your words  
in foreign lands and all will understand.

You shall see the face of God and live.

**Refrain: Be not afraid. I go before you always.**

**Come follow me, and I will give you rest.**

**V2** If you pass through raging waters in the sea,  
you shall not drown. If you walk amid the burning  
flames, you shall not be harmed. If you stand before  
the pow'r of hell and death is at your side,

know that I am with you through it all. **Refrain:**

**V3** Blessed are your poor, for the kingdom shall be  
theirs. Blest are you that weep and mourn, for one day  
you shall laugh. And if wicked men insult and hate you  
all because of me, blessed, blessed are you! **Refrain:**

### RECESSIONAL

D SCHUTTE

BLEST BE THE LORD

**Refrain: Blest be the Lord; blest be the Lord,**

**The God of mercy, the God who saves.**

**I shall not fear the dark of night,**

**Nor the arrow that flies by day.**

**V1** He will release me from the nets of all my foes.

He will protect me from their wicked hands.

Beneath the shadow of His wings I will rejoice

to find a dwelling place secure. **Refrain:**

**V2** I need not shrink before the terrors of the night,  
nor stand alone before the light of day.

No harm shall come to me, no arrow strike me down,  
no evil settle in my soul. **Refrain:**

Regina Caeli  
First Mass of  
Healing & Hope  
for 2024  
Wed Feb 7 @ 9am  
Please join us!



Feb - Sun 4 5th Sunday in Ordinary Time

4 Short Liturgy meeting 8.30am - RC

4 Readers formation 10am - OLMC

4 Word of God Sunday (ACBC)

Tues 6 Rosary

Wed 7 Mass of Healing & Hope @ 9am

Thurs 8 International Day of Prayer and Awareness  
against Human Trafficking (Feast of St Bakhita)

Sun 11 6<sup>th</sup> Sunday in Ordinary Time

11 World Day of Prayer for the Sick (The Holy See)

Tues 13 Rosary

13 Anniv. of the Apology to Members of Stolen Generations

13 Cathedral of St Stephen – Project Compassion Launch





**Regina Caeli catholic Church**  
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Should you require a priest for anything at all, need your loved ones receive Sacrament of Healing, want to visit Reconciliation, unable to attend Mass however wish to receive Communion, need transport to attend Masses, enquiring about RCIA/RCIC, Funerals, Weddings or Baptism or wishing to participate in our Sacrament preparation or for any Sacramental needs, or perhaps you would like to become a volunteer; or any other enquiries, please contact parish office anytime.

Your financial support is essential and valued. There are a variety facilities available to donate. Parishioners may organise monthly direct debits through parish office, or donate via EFT.

**EFT Details: BSB 064 786 A/c 100013354**

**Payee Account Name:** Coorparoo Heights Parish  
 Please ref all donations! **OR**

Perhaps take advantage of planned giving envelopes, and, we still pass the plate. Parishioners may also use 'pay pass' facility in foyer.

*Thanks  
For Your  
Support*

All donations however they arrive, are most welcome.

**2024 New year Planned Giving envelopes** are still available in foyer.

Please take your dedicated pkt today, or ask office for a 2024 pkt dedicated for yourself.



We remember those recently deceased, those with anniversaries who have gone before and those who are unwell or in need of our prayer.



We remember in anniversary...  
 Margaret Owen & George Lee

Join internationally acclaimed Catholic speaker **Fr Richard Leonard SJ** as he presents...

**Living Liturgy:**  
**Being Sent Out on Mission to the World Liturgy in Focus**  
 Wednesday 13 March 2024,  
 7pm – 8:45pm  
 Hanly Room,  
 Francis Rush Centre  
 (located beside the Cathedral)  
 60 minute presentation,  
 20 minute tea/coffee/chat,  
 20 minute Q&A



**REGISTER AND PURCHASE TICKETS ONLINE**

**\$10 individual , \$8 per ticket for bookings of 5 or more**

**THE CATHOLIC LEADER**

The Catholic Leader only available 2024, through subscription. Information on how to subscribe on pews or in the foyer.

**Subscribe to receive exclusive news**

*Welcome to our Community Book & Magazine Swap!*

In the foyer of the church Books & Magazines are available to be swapped. Enjoy a browse of our books and magazines. As this is a community space, please ensure all 'swapped' material is suitable for everyone!

Thank you and enjoy our Community Books & Magazines Swap.



Great Friday Social event at Regina Caeli celebrated on Friday last! We shared Australian Tucker, played games, and, sang-a-long! Great time had by all!



**'The Cliffers'** make music at the Church on **4th Fri of each month.**

**Next session ~ Fri Feb 23 @ 6pm**

Bring along instrument & join in, play or sing or come and simply listen to music. All ages welcome!

For more info, contact either Brian Moffett or Neisha Pulle



**We're here at... THE YEAR OF PRAYER**

*called for by Pope Francis*

**LENTEN PRAYER GATHERINGS**

**6 FRIDAYS DURING LENT, 6 - 6.40PM**

**Fri 16<sup>th</sup> Feb (following Ash Wednesday)**

**Fri 23<sup>rd</sup> Feb,**

**Fri 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup> March**



Focus on the following Sunday's Gospel...

Respond with a range of great prayer traditions we have received from both the Scriptures and genius saints, including St Benedict & St Francis, St Teresa of Ávila & St Ignatius Loyala

- ◆ The Examen
- ◆ Christian Meditation
- ◆ Lectio Divina
- ◆ Scripture Rosary



- ◆ The Liturgy of the Hours (Prayer of the Church)
- ◆ The Stations of the Cross (from St Stephen's Cathedral)

If you need a lift, people have volunteered to help you.

Contact Brian: 0402 588 296

**You'll be very welcome!!**

The Ash Wednesday liturgy calls us to see ourselves as we truly are; to reflect on our attitudes, actions, and priorities; and to return to God through penitence and prayer. Join us at **Regina Caeli** on this **Ash Wednesday, February 14, 2024 @ 9am**



Mass with the distribution of Ashes will be celebrated.



**FRIDAY LENTEN PRAYER GATHERING**

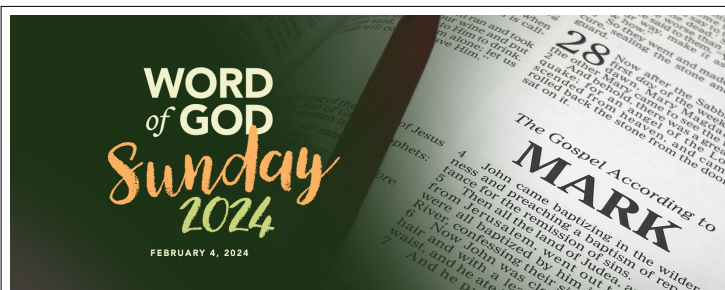
Pope Francis has asked that we dedicate 2024 to **PRAYER** in preparation for the Jubilee Year in 2025.

Let's help ourselves for living our prayer life!

All are invited for the Six Friday Evenings before Passion (Palm) Sunday 6-6.40pm.

Each gathering will focus on the next Sunday's Gospel using a range of great prayer traditions.

You'll be very welcome!!



Church in Australia celebrates **Word of God Sunday** on first Sunday in February - February 4 in 2024 (Fifth Sunday in Ordinary Time, Year B).

Pope Francis established the day, which is devoted to 'the celebration, study and dissemination of the Word of God'. One of the primary ways in which the faithful honour God's Word in the liturgy is by faithfully listening to the proclamation of the readings in the homily, and by discerning the various ways in which God's Word applies to their lives. For more info visit:

[www.catholic.org.au/wordofgodssunday](http://www.catholic.org.au/wordofgodssunday)

**World Day of Prayer 2024:**

**What is the purpose of the World Day of Prayer?**

*"It brings women of different races, cultures & traditions together in fellowship, understanding & action throughout the year.*

*Through World Day of Prayer, women affirm that prayer and action are inseparable and have immeasurable influence in the world."*

In 2024, World Day of Prayer is dedicated from the women of Palestine.



The theme: **'I beg you, bear with one another in love.'**

If you would like to be involved in World Day of Prayer 2024 presentation there will be planning meeting on **Feb 8 @ 10am** at **Bean Here Café** (formerly Flute) 4/380 Cavendish Rd, Coorparoo. Contact office if you are interested to assist! **All men & women welcome!**  
[www.worlddayofprayeraustralia.org](http://www.worlddayofprayeraustralia.org)

*During his recent well-deserved holiday in Indonesia, Abp Mark Coleridge has been far from idle, engaging in a journey that blends faith, friendship, & cultural exploration. One of the trip's highlights was his reunion with Fr Thomas Ismoyo, a name well-known to many in Brisbane. Fr Ismoyo, who pursued his doctorate studies at ACU, shared a bond of friendship & scholarly pursuit with the Abp, a connection that transcends geographical boundaries. The Abp's visit also included meaningful engagements with key figures in Catholic Church. He met with Cardinal Ignatius Suharyo, Abp of Jakarta, & Abp Piero Pioppo, Nuncio to Indonesia, underscoring the global unity & collaborative spirit of the Church. In a significant gesture of interfaith dialogue, Abp Coleridge met with the Grand Imam of Istiqlal Mosque, Southeast Asia's largest mosque. This interaction is a testament to his commitment to fostering understanding & respect among diverse religious communities. Further enriching his experience, Abp Coleridge toured Yogyakarta, visiting the Sacred Heart parish in Ganjuran, a cornerstone of Javanese Catholicism.*

*This visit offered a unique insight into the rich tapestry of local Catholic traditions & practices. Beyond the formal meetings & tours, Abp Coleridge immersed himself in the vibrant Indonesian culture. He enjoyed the country's renowned cuisine & experienced the warmth & hospitality that characterizes this diverse nation.*

To learn more about Abp Coleridge's experiences in Indonesia, visit Facebook, Archbishop Mark Coleridge

**discere**  
10 FEBRUARY 2024  
9:00AM - 3:00PM | MARIAN VALLEY

A VOCATIONAL DISCERNMENT RETREAT



Discere is a free, one-day retreat for young single Catholic men and women (18-35 years) to intentionally pause and ask the question "where is God calling me?" in a peaceful, supportive and safe environment. Scan the QR code to register for this event!



Sunday Mass

4 February 2024

THE LITURGY OF THE WORD

First Reading

Job 7:1-4, 6-7

A reading from the prophet Job  
*I am filled with sorrow all day long.*

Job began to speak:

Is not man's life on earth nothing more than pressed  
service, his time no better than hired drudgery?  
Like the slave, sighing for the shade,  
or the workman with no thought but his wages,  
months of delusion I have assigned to me,  
nothing for my own but nights of grief.  
Lying in bed I wonder, 'When will it be day?'  
Risen I think, 'How slowly evening comes!'  
Restlessly I fret till twilight falls.  
Swifter than a weaver's shuttle my days have passed,  
and vanished, leaving no hope behind.  
Remember that my life is but a breath,  
and that my eyes will never again see joy.

The word of the Lord. **Thanks be to God.**

Responsorial Psalm

Ps 146:1-6

**R. Praise the Lord who heals the broken-hearted.**

**Lector:** Praise the Lord for he is good;  
sing to our God for he is loving;  
to him our praise is due. **R.**

**Lector:** The Lord builds up Jerusalem  
and brings back Israel's exiles,  
he heals the broken-hearted,  
he binds up all their wounds.  
he fixes the number of the stars;  
he calls each one by its name. **R.**

**Lector:** Our Lord is great and almighty;  
his wisdom can never be measured.  
The Lord raises the lowly;  
he humbles the wicked to the dust. **R.**

Second Reading **1 Corinthians 9:16-19, 22-23**

A reading from the first letter of St Paul to the Corinthians  
*Punishment will come to me if I do not preach the Gospel.*

I do not boast of preaching the gospel,  
since it is a duty which has been laid on me;  
I should be punished if I did not preach it! If I had  
chosen this work myself, I might have been paid  
for it, but as I have not, it is a responsibility which  
has been put into my hands. Do you know what  
my reward is? It is this: in my preaching,  
to be able to offer the Good News free,  
and not insist on the rights which the gospel gives  
me. So though I am not a slave of any man I have  
made myself the slave of everyone so as to win  
as many as I could. For the weak I made myself  
weak. I made myself all things to all men in order  
to save some at any cost; and I still do this, for  
the sake of the gospel, to have a share in its blessing.

The word of the Lord. **Thanks be to God.**

Gospel Acclamation

Matthew 8:17

Alleluia, alleluia!

He bore our sickness, and endured our suffering.  
**Alleluia!**


Gospel

Mark 1:29-39

A reading from the holy Gospel according to Mark  
*He cured many who suffered from diseases  
of one kind or another.*

On leaving the synagogue, Jesus went with James  
and John straight to the house of Simon and Andrew.  
Now Simon's mother-in-law had gone to bed with  
fever, and they told him about her straightaway.  
He went to her, took her by the hand and helped  
her up. And the fever left her and she began to wait  
on them. That evening, after sunset, they brought  
to him all who were sick and those who were  
possessed by devils. The whole town came crowding  
round the door, and he cured many who were  
suffering from diseases of one kind or another;  
he also cast out many devils,  
but he would not allow them to speak,  
because they knew who he was. In the morning,  
long before dawn, he got up and left the house,  
and went off to a lonely place and prayed there.  
Simon and his companions set out in search of him,  
and when they found him they said,  
'Everybody is looking for you.' He answered,  
'Let us go elsewhere, to the neighbouring country  
towns, so that I can preach there too, because that is  
why I came.' And he went all through Galilee,  
preaching in their synagogues and casting out devils.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**



Jesus        many  
sick people.  
Mark 1:29-39

VEFER

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1 2 3 4 5

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