

ENTRANCE ANTIPHON (or a hymn) He fed them with the finest wheat and satisfied them with honey from the rock.

RESPONSORIAL PSALM (Ps 147)

ANTIPHON: Praise the Lord, Jerusalem

RESPONSE: Praise the Lord, Jerusalem.

Or

Alleluia.

LECTOR: O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you. **R.**

LECTOR: He established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command. **R.**

LECTOR: He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; he has not taught them his decrees. **R.**

GOSPEL ACCLAMATION Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

COMMUNION ANTIPHON (or a hymn) Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

TODAY'S READINGS Deuteronomy 8:2-3, 14-16; 1 Corinthians 10:16-17; John 6:51-58

NEXT WEEK (12th Sunday Year A) Jer 20: 10-13; Psalm 68; Rom 5: 12-15; Mt 10: 26-33

*Brighten up
your day with
The Majellan*

World Refugee Day will be held on 20 June

For more than 72 years The Majellan has been a strong supporter of families and helped families with their issues. The Majellan has strengthened its mission to families by adding contents to its website and introducing podcasts, Figuring out Families. In addition, the print magazine can now be accessed on the new Majellan app on a smartphone or tablet. It is available via the app store for Apple devices and the Google Play Store. For further details and for other content go to www.majellan.media

majellan

*We are what
we eat*



14 June 2020 Blood of Christ Year A

"You are what you eat" is a phrase used more and more as the world begins to face up to the challenge of global warming. Articles abound about healthy diets, as well as the adjustments that are needed to ensure that the way we produce our food does not damage the delicate ecological balance that is required if we are to avoid future catastrophe.

It is incumbent on all of us to take this seriously and play our part. From the Christian perspective, such concerns might naturally lead us to reflect again on the extraordinary mystery we celebrate in today's feast: the spiritual nourishment the Lord offers us in the gift of himself in the Eucharist.

The Old Testament people were steeped in a history which recognised the gift of food from God. When they were facing starvation, manna fell from heaven. St John recalls that when Jesus was preparing the way for the gift of himself in the form of bread and wine, he stressed that, while the bread he would offer was also coming down from heaven, it was not like the bread their ancestors had eaten.

This gift of bread is not given to keep us alive here on earth, but so that we may live for ever. His listeners were struggling to make sense of what he was saying. Jesus was offering himself: "my flesh is real food

and my blood is real drink." And he goes on to spell out what this will mean for us: "He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me." For those of us who believe, here is a wholly new dimension to our understanding that we are what we eat.

St Paul grasped this and wrote compellingly about how we become caught up in the life of God, forming "a single body because we all have a share in this one loaf." The theme of the Body of Christ recurs repeatedly in his letters and provides us with the perfect backdrop for our meditation today.

As we become more aware of the interconnectedness of all creation, so we see the wonder of our being caught up in the divine life because of Christ. He lives in us; we are his adopted brothers and sisters, children of the Father. The Eucharist celebrates this oneness through Christ with each other and indeed with all those who have gone before us. The more aware we become of the dignity this gives us, the more we appreciate what it means to celebrate the Eucharist.

Timothy Buckley, CSsR
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CURRENT PARISH NEWS

WEEK START SUN JUNE 14, 2020

The Most Holy BOD Y and
BLOOD of CHRIST (Corpus Christi)
REGINA CAELI CATHOLIC PARISH



YEAR A

FR JOHN GARRAHY, ADM.

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<http://www.reginacaeliparish.org.au>

PH: 3398 3697

OFFICE HOURS

PARISH OFFICE: TUES, WED, THURS,

9.30AM - 2.30PM JEANNE SCHNEIDER M: 0414 836 071

ALL ENQUIRIES RE BOOKING BAPTISMS,
WEDDINGS, FUNERALS & SACRAMENT OF
PENANCE PLEASE CONTACT PARISH OFFICE.



BAPTISM ENROLMENT TALKS HAVE RESUMED.
NEXT BAPTISM ENROLMENT TALK JULY 5 AT
4PM IN PARISH HALL. NO APPT NECESSARY!

REFLECTION: (CORPUS CHRISTI)

THE MOST HOLY BODY AND BLOOD OF CHRIST

We believe that when we come to celebrate the Mass, the Eucharist, Jesus Christ is here among us: he is present to us in different ways, such as in the community of disciples, in the Word of the Scriptures. Today, as we celebrate the Feast of the Body and Blood of Christ, we focus our thoughts on the Lord's presence in the consecrated bread and wine, which is sacramental Body and Blood.

Lord Jesus, you are the bread of life for us, your disciples, today. Lord, have mercy.

Lord Jesus, you come in Word and Sacrament to strengthen us in our Christian faith, life and witness. Christ, have mercy.

Lord Jesus, you offer us eternal life through your teaching and the gift of your Body and Blood in the Eucharist. Lord, have mercy.



THANK YOU for helping to stem the spread of (COVID-19) by abiding by the safeguards.

Click on links for resources & articles:

Regina Caeli Parish website

<http://www.reginacaeliparish.org.au>

Weekly bulletins (posted each Fri) links to Gospel readings, live stream info, resources, Children's Church, updates; there is something for everyone



Archdiocese of Brisbane:

<https://brisbanecatholic.org.au/>

Webcast schedule on this site

View: www.archbne.org/bzw

<https://litedliturgybrisbane.weebly.com/>



Mass on demand: [https://](https://www.northsydneycatholics.com/spirituality/liturgy/mass-on-demand)

www.northsydneycatholics.com/spirituality/liturgy/mass-on-demand

Both The Catholic Leader & Catholic Kool Kids [CKK]

are still offered through parish website under "Stay Connected!"

We have our own "Deliveroo" for newsletters!

Contact us to have it emailed or hardcopy delivery. For any concerns

you may have contact

Fr John / Parish Office 3398 3697



The Archdiocese is encouraging parishioners to consider direct debit for donating. Forms emailed on request from parish office



or, Direct deposit to: Regina Caeli:

BSB 064 786 A/c:

006171102 (Please

incl ref) Parish Giving



app available now, support your parish at any time, downloadable to your phone

<http://parishgiving.brisbanecatholic.org.au/>



Sun 14 June to Sat 20 June celebrates Refugee Week, culminating with World Refugee Day on the June 20. Refugee Week provides an opportunity for Australians to be aware of & celebrate positive contributions made by refugees in Australian society. As the world continues to adapt to COVID19 restrictions, Refugee Week celebrations 2020 will go virtual. With theme 'Celebrating the Year of Welcome', all are encouraged to celebrate within their own homes & communities, promoting positive images of refugees to assist in a successful settlement & integration. Check out events line-up on [https:// action.refugeecouncil.org.au/ rw20 events](https://action.refugeecouncil.org.au/rw20_events).



RECENTLY DECEASED: PAT BECKETT, JACK COCHRANE, RUSSEL LEA, MONICA O'HALLORAN, FR NOEL CONNOLLY

ANNIVERSARIES: FR LEX CARROLL (PREV PP), SAMUEL & HILDA JOHNSON, JOHN SHANNON, WYNTEN NEILSEN,

SPECIAL INTENTIONS: Augusto Cesar, Joshua Chester, James Clifford, Pat Cochrane, Veronica & Cathy Comiskey, Neil Cremin, George D'Allura, Robbie Dicker, Susan Donald, Bart Gaffney, Loye Gardiner, Paul Heathwood, Philomena Hegarty, Allaura Hows, Kate Jennings, Kath Keogh Nicky Logan, Katie Loveday, Cheryl Loveridge, Enid McCarthy, Trish McConnell, Peter McLaughlin, Fr Ron Mollison, John Morgan, Christopher Mothershaw, Marie-Louise O'Brien, Pam O'Reilly, Peter Reid, Wal & Joyce Smith, Lester Steen, Mary Twomey, Nathaniel Williams, Zelina & family



RIP

'Columban'
Fr Noel
Connolly
1945 - 2020
~ Plenary
Council ~

A note from Archbishop Mark... The Black Lives Matter movement has struck a chord around the world - certainly here in Australia where racism has a different form than in the United States, but is no less real. We have failed to realise the blessings possible if we were to achieve true reconciliation between black and white Australia. Until we realise those blessings there will always be a dark violence lurking at the heart of our culture. Archbishop Mark Coleridge discusses with Cynthia Rowan (Reconciliation Action Plan Officer) a range of topics, including our plans to deliver a comprehensive Reconciliation Action Plan and Black Lives Matter in an [interview posted on YouTube](#).



COVID-19 Safe Plan for Parish Communities ~ Archdiocese of Brisbane (AoB) ~ CONSISTENT KEY MESSAGES...

- ◆ The Archdiocese continues to monitor the public health response to Coronavirus closely, and has plans in place to support the safety, health, and wellbeing of parishioners, clergy and employees.
- ◆ AoB will continue to follow the advice of public health authorities.
- ◆ All members of our community are encouraged to protect themselves & others from infection by practicing good hand and respiratory hygiene.
- ◆ Contact details must be recorded for all attendees at parish gatherings to assist with tracing and rapid response to positive cases of COVID-19.
- ◆ Clergy, parishioners & parish employees are expected to stay home if unwell.
- ◆ Parish employees and volunteers will be asked to go home if they are showing cold or flu-like symptoms.



GENERAL REQUIREMENTS...

- ◆ As the restrictions ease, the requirements of physical distancing, sanitation and hygiene will still apply...
- ◆ Social distancing is to be maintained of one person per 4m² indoors, 1.5m between people.
- ◆ No-one is to enter a church, parish building or Archdiocesan workplace if feeling sick.
- ◆ Every gathering, including Mass and other liturgies, must record contact details of attendees...
- ◆ A 'gathering' is considered an occasion in which people come together, including but not limited to Masses, liturgies, & administrative or social meetings with staff or parishioners. The occupancy of a gathering is specific to the event, & therefore cannot be split over multiple sites to increase occupancy.
- ◆ A gathering is limited to 20, plus admin workers at this point in time.
- ◆ Hand sanitizer / hand-washing facilities available in churches, parish offices & gathering spaces.

THIS MEANS FOR MASS IN SHORT...

- ◆ All Catholics remain dispensed from their Sunday obligation;
- ◆ Strict occupancy & social distancing numbers will be enforced
- ◆ Occupancy will be limited to 20 persons only at present
- ◆ Attendees required to sign in
- ◆ Holy water fonts remain empty, Hymn books not to be used;
- ◆ Collection facilities stationed at all doors at all Masses as gifting plates unable to be passed;
- ◆ The Sign of Peace limited to saying, "Peace be with you."
- ◆ Communion is distributed by presider alone, & should be administered only in the hand.
- ◆ Church attendees are to utilize antiseptic wipes (provided) to sanitize personal areas used before leaving.

Regina Caeli Catholic Church will celebrate Mass ~
From June 15 & onwards
Mon, Wed at 6.30am;
Tues, Fri, Sat at 9am
Please note NO Saturday night or Sunday Masses,
until regulations are further eased.