

# Regina Caeli Catholic Church

81 Waverley Rd Camp Hill, 4152

p: 07 3398 3697

e: reginacaeli@bne.catholic.net.au

http://www.reginacaeliparish.org.au

Fr Martinho Da Costa O.Carm, Parish Adm.

## MASS TIMES

Sunday 7.30am

Wednesday 9.00am

Mass of Healing ~ 1st Wed of month

Reconciliation ~ by appointment

Rosary ~ Tues @ 8am

THIRD SUNDAY OF  
LENT  
YEAR A  
8TH MARCH 2026

We acknowledge the Traditional Custodians who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this country and commit ourselves to the ongoing journey of reconciliation.

**Come to Mass Sundays 7.30am; Wednesdays 9am. Come to Rosary Tuesdays 8am;**

**Adoration before the Blessed Sacrament: Thursday 7-8pm and Sundays 6:30-7am; Cliffers' Choir practise - Fridays 4-5pm.**

### **GATHERING LIVING WATER**

F ANDERSEN

**Refrain: I will give you living water.**

**Shade to rest under; strength to your heart.**

**Grow deep within me...filled by my spirit;**

**My burdens are easy; my life it is yours.**

**V1:** We have been with the lonely...

To the hungry we've given your bread...

We now come with all our hopes and dreams

To rest awhile with you.

**V2:** To the empty we've carried...

Your word of hope and of life...

Build us now beyond our hopes and dreams

'Til we live in you.

### **PREPARATION OF THE GIFTS THE SERVANT SONG**

R GILLARD

**V1:** Will you let me be your servant?

Let me be as Christ to you

Pray that I may have the grace

To let you be my servant too

**V2:** We are pilgrims on the journey

We are travellers on the road

We are here to help each other

Walk the mile and bear the load

**V3:** I will hold the Christ-light for you

in the night-time of your fear.

I will hold my hand out to you,

Speak the peace you long to hear.

### **COMMUNION EAGLE'S WINGS**

F ANDERSEN

**Refrain: I have carried you on eagle's wings**

**I will care for you in all your years**

**V1:** My heart is full of peace. You have been within my life.

Your guiding hand has always covered me.

I am full of confidence in You. **Refrain**

**V3:** My soul is like a child, cradled safe within your arms.

You have carried me across my years.

Leading me thru' sorrow and through joy. **Refrain**

### **THANKSGIVING ST CLARE OF ASSIS'S SECOND LETTER TO BLESSED AGNES OF PRAGUE**

Agnes of Prague lived in the thirteenth century. Her father was the King of Bohemia in Central Europe. She was highly educated but it was expected she would accept an arranged marriage to unite powerful families for political reasons. However, Agnes was deeply inspired by Francis and Clare and felt drawn to a life of prayer and service. Clare understood Agnes and her radical choice. This was St Clare's advice to Agnes. Jesus could have been saying this to the Samaritan Woman and could be saying this to us today. Let us pray St Clare's words together:

Together: Let the Spirit complete in you what the Spirit has begun.

What you hold, may you always hold.

What you do, may you always do and never abandon.

With swift pace, a light step, and unswerving feet,  
go forward securely, joyfully and swiftly  
on the path of happiness grounded in wisdom.

Believe nothing and agree with nothing  
that would deter you from the Spirit's purpose  
or which would place a stumbling block for you on the way.

### **SENDING FORTH AMAZING GRACE**

J NEWTON

**V2:** 'Twas grace that taught my heart to fear,  
And grace my fears relieved.

How precious did that grace appear  
The hour I first believed.

**V3:** The Lord has promised good to me  
His word my hope secures;  
He will my shield and portion be,  
As long as life endures.

**V4:** Through many dangers, toils and snares  
I have already come,  
'Tis grace has brought me safe thus far  
And grace will lead me home.

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## PARISH UPDATE

Over recent weeks, there have been some important changes that affect **Regina Caeli** community and **Our Lady of Mount Carmel**. The inaugural combined Regina Caeli and Our Lady of Mt Carmel Parish newsletter will be launched this coming week for the fourth Sunday of Lent. We hope you enjoy catching up on what's happening at both Regina Caeli and Our Lady of Mt Carmel Coorparoo. There is also a revised schedule of Easter Ceremonies – see below. We encourage people from both communities to choose whichever of the ceremonies you would like to attend. You will be most welcome. *Fr Martinho Da Costa – Parish Priest and Administrator*

| MASS  | OUR LADY OF MT CARMEL   | REGINA CAELI  | Additional Information               |
|---|---|---|--------------------------------------|
| Mass of Forgiveness—<br>Thursday 26 March           | 7pm Mass of Forgiveness at Our Lady of Mt Carmel Church                   |   | No 9am Mass at OLMC                  |
| Palm Sunday –<br>Saturday 28 and<br>Sunday 29 April | Regular Weekend Mass<br>Times<br>Saturday 6pm<br>Sunday 8:30am and 5:30pm | Regular Weekend Mass<br>Times<br>Sunday 7:30am                | Please bring your own palm           |
| The Lord's Supper –<br>Holy Thursday 2<br>April     |   | 6pm at Regina Caeli Church                                    | No Mass of the Lord's Supper at OLMC |
| Good Friday -<br>Friday 3 April                     | 10am - Stations of the Cross<br>3pm - The Passion of the Lord             | 10am - Stations of the Cross<br>3pm - The Passion of the Lord |                                      |
| Easter Vigil -<br>Saturday 4 April                  | 7pm at Our Lady of Mt Carmel Church                                       |   | No Easter Vigil Mass at RC           |
| Easter Sunday -<br>Sunday 5 April                   | 8:30am at Our Lady of Mt Carmel Church                                    | 7:30am at Regina Caeli Church                                 | NO 5:30pm MASS at OLMC               |

## LENTEN FORMATION GATHERING

inspired by Pope Leo's Lenten message:

*Listening and Fasting: Lent as a Time of Conversion\**

Everyone at Regina Caeli and Our Lady of Mt Carmel is invited.

**Date:** Sunday 8 March

**Time:** 8:30-10:00am (after 7:30am Mass at Regina Caeli)

**Venue:** Regina Caeli

The gathering will take the form of a facilitated Conversation in the Spirit. It is an opportunity to listen and reflect on the changing nature of our church and local parish communities.

Please register your attendance at the link above by **email**

**CHILDREN'S LITURGY:** Provided 8 March and 17 March by the Liturgy Committee. Welcome.

**COME ENJOY FRIDAY SOCIAL, 6th March, 9.30 – 11.30 IN OUR HALL.**

**Gentle exercise with Aggie, celebrate St Patrick's Day, singalong, creative Writing with Mogens!!**

**PRAY For our sick:** Deb Houghton, Barry Warden, Trish McConnell, Emilia Calvisi, Peter Owen, Francis Xavier, Leo Schneider, Joan Lawson and also for people whom we know personally who are sick.

**For all who have died including:** Brian Poole, Neil Trottier, Maureen Hopgood, Jim Paterson, Ennio & Antoinetta Morlacci and family, Nandino & Ernestina Franchi, Ray Garrigan, Anne Maree Garrigan, Fred Loveday, Jack Egan, Daisy Ferlin, Ann Warden, Attilio & Cornelia Calvisi...

**THE WOMAN FROM SAMARIA:** When the Gospels refer Public Domain to Samaria and the Samaritans, Jesus is 'crossing boundaries', challenging prejudice or using Samaritans as examples of authentic faith. The Good Samaritan overturned people's expectations (Lk 10). The healed leper who returned to thank Jesus was a Samaritan (Lk 17). In common talk, the term 'Samaritan' could be used as a slur (Jn 8:48). In Lk 9, Jesus rebuked disciples for advising revenge against a Samaritan village. Jesus' conversation with the Samaritan Woman (Jn4:7-42) is the longest conversation portrayed in the Gospels between Jesus and any person. Coming from a despised group, she had a complicated history but was (johannquis.com) 'spiritually 'hungry'. Jesus called the woman and us today to worship 'in spirit and in truth'. Worship can happen anywhere, not just in sacred sites (such as in Jerusalem or on the Samaritans' Mt Gerizim). Worship is relational, not merely external rituals nor inherited customs. Worship is our participation in God's life, not our performance for God's approval. Worship is universal and open to all who receive the Spirit and recognise the truth revealed in Christ. (biblehub.com/)

Our volunteer gardeners have done a magnificent job. It is now our turn to work with them:

**Please come to our Working Bee, Saturday 14th March 7 am – 9 am. Thank you for bringing any of these tools and/or a trailer or truck.** Your most important gift will be yourself. Enjoy the Bee!!!

**VOLUNTEER** for roles in Easter ceremonies via form on seats and return by 15 March. Give to Project Compassion. Bring along your Containers for Change.

|  |   |
|--|---|
| Tuesdays 8am ROSARY                          | 2 April Holy Thursday                                 |
| Sat 14 March 7-9am GROUNDS WORKING BEE       | 3 April Good Friday 10am Way of the Cross             |
| Tue 17 March St Patrick                      | 3 April Good Friday 3pm Celebration of the Passion    |
| Thurs 19 March St Joseph                     | 3 April Iona Passion Play 7pm Iona Perf. Arts Theatre |
| Sat 21 March Harmony Day                     | 4 April Easter Vigil 7pm at OLMC                      |
| 29 March Palm (Passion) Sunday with Children | 5 April Easter Sunday 7:30am Mass                     |

### **2026: The YEAR of ST FRANCIS OF ASSISI**

### **Conversion is an ongoing process.**

**Conversion** is a gradual process. Moments when God touches us deeply and draws us closer to Himself can be life-changing. However, putting a renewed love of God into practice takes time, patience, and perseverance. One significant obstacle Francis faced in his ongoing conversion was his fear and revulsion toward lepers. They smelled, were social outcasts and were forced to live outside the city so as not to spread disease. Francis understood that his fear had to be overcome. One day, he encountered a leper and chose to approach him. Francis not only gave the man alms but also embraced and kissed him. Through God's grace, he saw Christ in the leper and moved beyond his fear. This moment marked another decisive turning point in his life. Trusting that God would protect him, Francis acted with courage and compassion. Let us ask for the grace for us to see Christ in those we struggle to accept. (*franciscanmissionassoc*)

### **PLEASE CONTACT PARISH ADMINISTRATION**

BY PHONE 3398 3697 OR EMAIL [reginacali@bne.catholic.net.au](mailto:reginacali@bne.catholic.net.au)

for assistance with Sacraments, funerals, pastoral support or would like to speak with a priest.

You are very welcome within our parish life and ministry.

Your financial support is essential and valued. Please contact parish administration to organise direct debit donations or planned giving envelopes.

To donate via EFT details are as follows: Payee Account name: Coorparoo Heights Parish.

BSB: 064 786 Acct No: 1000 13354 Please reference all donations!

You may use the 'pay pass' facility in the Church foyer and we also 'pass the plate' at the weekend masses.

*Thank you for your prayer and support!*

**Sunday Mass****8 March 2026****THE LITURGY OF THE WORD****Exodus 17:3-7**

A reading from the book of Exodus.

*Give us water to drink.*

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

'The word of the Lord.'

**Thanks be to God.****Responsorial Psalm****Ps 94:1-2,6-9****R. "If today you hear his voice, harden not your hearts."****Lector:** "Come, ring out our joy to the Lord;

hail the rock who saves us.

Let us come before him, giving thanks,

with songs let us hail the Lord." (R.)

**Lector:** "Come in; let us bow and bend low;

let us kneel before the God who made us

for he is our God and we

the people who belong to his pasture,

the flock that is led by his hand." R.)

**Lector:** "O that today you would listen to his voice!

'Harden not your hearts as at Meribah,

as on that day at Massah in the desert

when your fathers put me to the test;

when they tried me, though they saw my work.'" (R.)

**Second Reading****Romans 5:1-2,5-8**

A reading from the second letter of St Paul to the Romans

*The love of God has been poured into our hearts by the Holy**Spirit which has been given to us.*

Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

The word of the Lord.

**Thanks be to God.****Gospel Acclamation** J Maher - **Mass of the Sacred Heart****Glory to You, Word of God, Lord Jesus Christ.**

No one lives on bread alone

But on every word that comes from the mouth of God.

**Glory to You, Word of God, Lord Jesus Christ.****John 4:42, 15**

Glory to you, Word of God, Lord Jesus Christ!

Lord, you are truly the Saviour of the world;

give me living water, that I may never thirst again.

Glory to you, Word of God, Lord Jesus Christ!

**Gospel****John 4:5-15,19-26,39-42**

A reading from the holy Gospel according to John.

*The water that I shall give will turn into a spring of eternal life.*

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied:

'If you only knew what God is offering

and who it is that is saying to you:

Give me a drink,

you would have been the one to ask,

and he would have given you living water.'

'You have no bucket, sir,' she answered 'and the well is deep:

how could you get this living water? Are you a greater man

than our father Jacob who gave us this well and drank from it

himself with his sons and his cattle?' Jesus replied:

'Whoever drinks this water

will get thirsty again:

but anyone who drinks the water that I shall give

will never be thirsty again:

the water that I shall give

will turn into a spring inside him, welling up to eternal life.'

'Sir,' said the woman, 'give me some of that water, so that I

may never get thirsty and never have to come here again to

draw water. I see you are a prophet, sir. Our fathers worshipped

on this mountain, while you say that Jerusalem is the place

where one ought to worship.' Jesus said:

'Believe me, woman, the hour is coming

when you will worship the Father

neither on this mountain nor in Jerusalem.

You worship what you do not know;

we worship what we do know;

for salvation comes from the Jews.

But the hour will come – in fact it is here already –

when true worshippers will worship the Father in spirit and

truth:

that is the kind of worshipper

the Father wants.

God is spirit,

and those who worship

must worship in spirit and truth.'

The woman said to him, 'I know that Messiah – that is, Christ –

is coming; and when he comes he will tell us everything.' 'I who

am speaking to you,' said Jesus 'I am he.'

Many Samaritans of that town had believed in him on the

strength of the woman's testimony, so, when the Samaritans

came up to him, they begged him to stay with them. He stayed

for two days, and when he spoke to them many more came to

believe; and they said to the woman, 'Now we no longer

believe because of what you told us; we have heard him

ourselves and we know that he really is the saviour of the

world.'

'The Gospel of the Lord'

**Praise to you, Lord Jesus Christ.**